

MARIANAS FRIDAY - AUGUST 22, 2025 HERITAGE HIGH SCHOOL - VANCOUTE TO THE SCHOOL - THE SCHOOL - VANCOUTE TO THE SCHOOL - VANCOUTE TO THE SCHOOL - T

-Workshop Listing

Carving Workshop

Angela Paet



Session 2: 6-8pm Ages: 16 and up Cost: Free

Explore the foundational skills and cultural significance of traditional Chamorro carving in this free hands-on workshop led by artisan Angela Paet. Learn to tell stories and honor ancestry through this unique art form, with all tools and materials provided.

CHamoru Sign Language

Melissa Cayton-Lawrentz, Jojo Teves, Margaret Cayton, Enrique Mesgnon, Jeanette Meno, Doreen Flores



Ages: All ages Cost: Free

Come explore the beauty of CHamoru Sign Language in our interactive workshop, where you'll learn basic gestures and cultural insights from knowledgeable guides. Whether you're a beginner or have some experience, everyone is welcome to discover this vibrant language and its connection to the Chamorro community.

Chamorro Dance Workshop

Fafa'någue Saina Eric Reyes Fafa'någue and Tribal Council Leader, Rosemary Mantanona Saina Joel Larimer







Session 1: 2-6pm Ages: All ages Cost: Free

Immerse yourself in Chamorro culture with this three-part workshop, starting with beginner dance basics and moving into more advanced techniques. You'll learn from expert practitioners, including Fafa'någue Saina Eric Reyes, Fafa'någue Saina Rosemary Mantanona, and Saina Joel Larimer who will share the history, chants, and songs behind this powerful art form.

CHamoru Genealogy Workshop

Bernard Punzalan "Ma'li'e'



Session 1: 2-5pm Ages: 9 and up Cost: Free

Deepen your connection to your roots with a CHamoru genealogy workshop led by expert Bernard Punzalan, also known as "Ma'li'e'." In this hands-on session, you'll learn how to trace your family history, build your family tree, and access valuable tools, including free real-time access to the CHamorroRoots.com database.

Fanaitai Lisayu yan Nobena

Senora Therese Benavente



ession 1: 2-5pm Ages: All ages Cost: Free

Discover a deeper connection to faith and culture in this workshop led by Senora Therese Benavente, where you'll learn to pray the Holy Rosary and the traditional CHamoru Christmas Novena. This session welcomes all to experience the beauty of these prayers and keep CHamoru language and traditions alive for generations to come.

Hinasson Nina'huyong Matao CHamoru Self-Actualization through Art, Ceremony, and Lålai

Gi Matan Guma



Session 1: 2-5pm Ages: All ages Cost: Free

Dive into the ancestral CHamoru philosophy of **Ináfa'maolek** in this workshop, a journey that guides our community's creative and ceremonial practices. You'll learn how this guiding philosophy inspires healing, spiritual growth, and artistic expression.

Håyi Hit - Understanding Chamoru Identity through Language & Community

Prugraman Sinipok: Håyi Hit



Session 2: 6-8pm Ages: 18 and up Cost: Free

Maila ya ta fandanña! Join Prugråman Sinipok for a communitybuilding workshop that explores the unique journey of Chamoru heritage and secondlanguage learners. You'll learn how to introduce yourself using i fino'-ta (our language) and connect with others in a warm and welcoming environment.

I Galaide': The Vessel for Cultural Restoration, Reconnection, and **Healing for the Chamoru Diaspora** Leilani San Nicolas Garcia



Session 2: 5:30-7:30pm

Ages: 14 and up

Cost: Free

Explore your heritage through an immersive workshop on the Chamoru/Chamorro outrigger canoe, a powerful symbol of identity and resilience. You'll learn about the canoe's cultural significance, traditional parts, and rituals, with the experience culminating in a visit to a nearby marina to observe or participate in a traditional practice.

Introduction to Slingstone Fundamentals

Roman Dela Cruz



Session 1: 2-5pm

Session 2: 6-8pm

Ages: Man'amko are especially encouraged to

Cost: Free

Discover the power and tradition of the ancient art of slingstone throwing with Roman Dela Cruz. This handson workshop, designed for all ages, will teach you the fundamentals and connect you to the ancestral knowledge of the Marianas.



FRIDAY - AUGUST 22, 2025 HERITAGE HIGH SCHOOL - VANCOUNTER

-Workshop Listing

Lighatúttúr

Serene Seng



Session 1: 2-5pm Ages: 10 and up Cost: Free

Discover the rich tradition of Refaluwasch cultural jewelry in our captivating workshop, where vou'll learn to create the iconic LIGHATÚTTÚR necklace. This isn't just an accessory; it's a powerful symbol of ethnic identity and a cherished connection to cultural heritage passed down through generations.

Pandanus Bracelet Weaving

Saina Tony Mantanona



Session 2: 4-6pm Session 3: 6-8pm

Ages: 10 and up

Cost: \$25

Learn intricate weaving techniques using pandanus leaves with Master Weaver Tony Mantanona. who will share his deep knowledge of Chamoru traditions. This hands-on workshop offers a unique opportunity to create culturally significant pieces while gaining insight into the stories behind each weave.

Stencils and Templates: The Art of Designs and Patterns

Saina Noel B. Quitugua



Session 2: 6-8pm Ages: 16 and up Cost: Free

Dive into the art of stencil and template design while exploring the rich cultural patterns of CHamoru heritage. This hands-on workshop teaches precision cutting techniques and highlights the deep significance of these designs in storytelling and identity.

Marianas Minute

Brian Bautista



Session 1: 2-5pm Ages: All ages Cost: Free

Join Brian Bautista to create "Marianas Minute," a series of short presentations that celebrate the culture and heritage of the Marianas. You'll collaborate with others to craft inspiring stories for vouth volunteers to share, helping to educate and empower the next generation.

Pottery

Saina Noel B. Quitugua



Ages: 16 and un Cost: Free

Join master artisan Saina Noel Quitugua to learn the ancient Chamorro tradition of crafting household pottery containers. In this hands-on workshop, you'll learn to create culturally inspired items and reconnect with Chamorro heritage.

Pursuing Passion Projects

Manny Crisostomo (Pulitzer Prize-winning photographer), Johnny Cepeda Gogo (California Judge), and Rob Perez (Retired Investigative Reporter)



ssion 1: 2-5pm Session 2: 6-8pm Ages: All ages

Cost: Free

Ioin three notable speakers, including Pulitzer Prize-winning photographer Manny Crisostomo, as they share how they turned their culture-related ideas into impactful passion projects. This workshop offers a behind-the-scenes look at their creative processes, providing you with inspiration and practical advice for your own heritagedriven work.

Something to Call Our Own **Private Viewing**

Produced by PBS Gua



2-5pm Ages: All ages

Cost: Free

Explore the inspiring revival of CHamoru dance in the documentary, "Something to Call Our Own," and learn how Master Frank Rabon gave new life to a lost tradition. From the island of Guam to the international stage, this film tells the powerful story of cultural resilience and pride.

Mwaar

Serene Seng



Session 2: 6-8pm Ages: 10 and up Cost: Free

Create your own beautiful Mwaar, a traditional Carolinian flower crown, in this handson workshop. You'll learn the cultural significance of these floral masterpieces while discovering the artistry and techniques behind them.

